



ANAPHYLAXIS POLICY

All children with allergies enrolled in A Gym Tale's Nursery School or After-School program will be protected and supported by the teachers, staff, parents and children. For children requiring an EpiPen it is the parents/guardians responsibility to provide a current-dated EpiPen along with written instructions from their doctor identifying why the medication has been prescribed, how many EpiPens should be kept on site and when to administer the medication. The parent/guardian will fill out a medical authorization form with instructions for administering the EpiPen.

Each child's EpiPen is placed in a designated spot in the nursery school. The child's picture along with a sign for EpiPens will be posted. The EpiPen is to be brought with the child outside or to the door closest to outside. All medication that is required because of life-threatening allergies or serious illnesses must accompany the child on field trips, walks, etc.

If the EpiPen is outside then precautions will need to be taken (i.e. Wearing the EpiPen close to the body to prevent it from freezing and/or keeping it out of direct sunlight. The requirement for an EpiPen for children and permanent staff is included on the allergy list posted in the kitchen/cubbyroom.

If a child arrives without their EpiPen they are to leave/remain with their parent until their EpiPen arrives. Parents are advised to have an EpiPen that can stay here at all times to eliminate the possibility of forgetting it at home. The Director will be responsible for checking the expiry date each month and informing parents when expiry date is approaching.

A Gym Tale is a Nut Free zone. In addition, appropriate hygiene practices, such as: all individuals sanitizing hands before entering gym area, using antibacterial hand wipes before and after snack time, are adhered to in the preparation of the space for A Gym Tale's Nursery School program.

Parents are notified of children with allergies and necessary hygiene practices through notices and speaking with teachers. Children are taught the dangers of sharing foods and how some foods can make certain children sick. Teachers are CPR trained and specifically trained with the EpiPen by the supervisor.